

**ARDSI Calcutta Chapter**



**Remember Those Who Cannot Remember**

**ALZHEIMER'S AND RELATED  
DISORDERS SOCIETY OF INDIA**

**CALCUTTA CHAPTER**

[www.ardsikolkata.org](http://www.ardsikolkata.org)

**CARE & SUPPORT FOR DEMENTIA**

**ANNUAL REPORT 2025-2026**



## ABOUT US

ARDSI Calcutta Chapter is a registered society under West Bengal Societies Registration Act from year 1999. Our mission is to create widespread awareness and acceptance of Dementia throughout Eastern India via continued education, advocacy & services. Our vision is to see an enhanced quality of life for those living with Dementia and their caregivers.

Conceptualized by Smt. Shefali Choudhuri, in her mid-eighties then, in September 1999 on World Alzheimer's Day, she wanted the society to reach out to hundreds of families who had a loved one with dementia at home just like her. Her daughter, Deepika was affected with Alzheimer's in her mid-fifties.

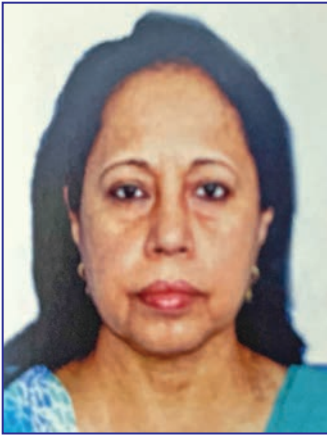
The members of ARDSI Calcutta comprises of family caregivers of persons with Dementia, professional caregivers, specialized Dementia care experts, eminent doctors, including practicing neurologists, psychiatrists, neuro-psychologists and geriatricians, professionals from different fields, eminent personalities from various walks of the society, social workers and persons having compassion and passion for working for the elders and those inflicted by Dementia. ARDSI Calcutta, thus, is endowed with a rich multi-directional expertise and experience devoted to its mission.

For the last 26 years our society has actively catered to the community throughout the state of West Bengal in the following ways –

- Awareness Campaigns
- Memory Screening and Clinic
- Counseling Families
- Dementia Specific Training Workshops
- Daycare Center in Kolkata
- Home Companionship Services
- Caregiver Support Meets
- Outreach Programs
- Publications

The chapter has been adjudged the “Best Chapter” in India twice.

## *President's Desk*



Dear Friends,

It gives me great pleasure to welcome you once again to our organization and its activities. This is an opportunity for us to come together, reflect on our achievements, and renew our commitment to improving the lives of people living with dementia and their families.

I am delighted to share that our Survey Park Dementia Day Care Centre continues to provide valuable support and remains highly active. In addition, we have successfully inaugurated our second ARDSI Calcutta New Town Dementia Day Care Centre, further expanding our reach and strengthening our services. I warmly invite all of you to visit our centres and witness our work firsthand.

Dementia has become a major global public health challenge. Every family should be aware of its early symptoms because timely recognition is essential. Early diagnosis can help strengthen cognitive resilience, enable appropriate interventions, and delay disease progression, thereby improving the quality of life for individuals living with dementia.

To meet this growing challenge, we need more trained and compassionate individuals who can care for these individuals with knowledge, empathy, dignity, and respect. One of our most important responsibilities is to build a strong network of volunteers and caregivers who are well-equipped to support our ageing population. We therefore encourage more people to join us as volunteers and become active partners in this important mission.

I would like to express my sincere gratitude to everyone who supported our community outreach programmes during the past year. The growing demand for dementia awareness programmes clearly demonstrates the importance of our collective efforts. With your continued encouragement and active participation, I am confident that we will be able to expand these initiatives even further.

I also request each of you to consider organising dementia awareness programmes in your own locality. Our ARDSI Calcutta team will be delighted to support your initiative and participate in these community outreach activities.

Finally, I am pleased to announce that we will organise a special one-day interactive conference during World Alzheimer's Month. The conference will be held on 20th September 2026 at Taj Vivanta, Kolkata, and is being specially designed for all of you. It will provide a unique opportunity to learn from experts, hear shared experiences, reflect on the realities of living with dementia, and gain practical guidance for better care and support.

A detailed programme will be shared with you shortly. In the meantime, I encourage you to reserve the date in your calendar. I look forward to welcoming you personally as we come together to learn, reflect, and strengthen our shared commitment to making dementia care more compassionate, more informed, and more hopeful.

Thank you for your continued support, dedication, and belief in our mission.

Warm regards

A handwritten signature in black ink, appearing to read 'Chitra Mandal'.

**Dr. Chitra Mandal**  
President

# HIGHLIGHTS FROM YEAR 2025-2026

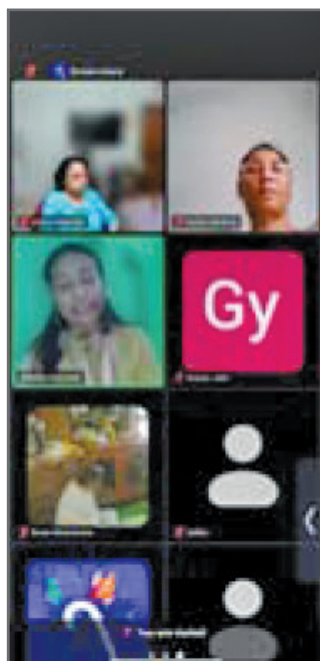
## Awareness Programs

**7** Awareness programs were conducted both through online platforms & In-person reaching around **1000+** people from clubs, schools, colleges, government offices, consulates, hospitals, and social organizations in West Bengal & also abroad.



## CARER SUPPORT MEET

**6** Family Caregiver Support online & offline meets were conducted presenting a range of caregiver issues and attended by over **290+** participants.



### Online Caregiver Meet

#### Biopsychosocial Dynamism

An interactive model that weighs the risks and precautions of Dementia



**Anusha Mitra**

Psychologist; Research Assistant; and Dementia Caregiver at ARDSI, Calcutta Chapter

Date 30th May, 2025 Time 7pm

At Zoom Meet



LET'S TALK ABOUT DEMENTIA CARE!

### Online Q&A session

to address your doubts and worries on Dementia-Related Challenges and Support



**17** Date: 27th June, 2025

Time: 7pm

Venue: Zoom

COME, SHARE, LEARN, AND SUPPORT EACH OTHER  
BECAUSE NO ONE SHOULD FACE DEMENTIA ALONE



**ARDSI Calcutta**

### The Gut-Brain-Dementia Connection

How Microbiome Health Shapes Cognitive Decline

Practical Strategies for Caregivers Today  
Prevention Steps for Every Age



**Anil Grover**

Functional Medicine Practitioner  
SAFM Massachusetts USA

Online Caregiver Meet  
[www.ardsikolkata.org](http://www.ardsikolkata.org)



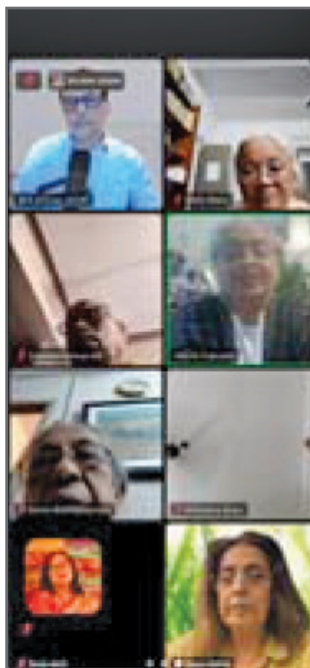
23rd July, 2025



7PM IST



Zoom Meet



### Do Dementia Medicines Really Work?? What Caregivers Should Expect



**Dr. Roshni Basu Roy**

Geriatric Psychiatrist



31st January, 7pm



Zoom Meet

Online Caregiver Meet



## Counselling Sessions-via Office/Home Visits/Online

- **55 Home Visits & 39 Office Visits** were conducted to deliver appropriate care plan
- **9 Online Assessments** were conducted to support families outside Kolkata

## Training Programs

**3** Training programs are conducted that targeted Family caregivers, Professional caregivers, Paid help at home, Members from various organizations, Faculties & students of schools & colleges of Kolkata, Siliguri . Training was for 1 day, 3 days & 6 days.



## Workshops

Annual wellness workshop for staff was conducted by Sri Somnath Gupta. Focus was "Reflective Thinking".



## Memory Screening

Memory Screening Camps were conducted by ARDSI Calcutta at Sikh Nari Manch & Thikana Shimla awareness event.



## Special Events

Cinio Care, an e-platform published an article on the activities of ARDSI Calcutta which was launched at its annual event.



"Dementia Care in India" was presented by the Secretary General of ARDSI Calcutta at Tirumala Hall, Livermore Temple, organized jointly by Hindu Community Cultural Center & Alzheimer's Association, USA.



Actor Parambrata Chattopadhyay celebrated his birthday at Sriti Sudhay Dementia Daycare.



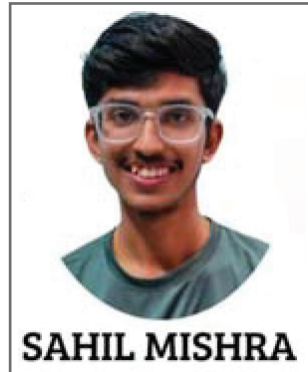
Mukund Acharya a regular columnist for India Currents, an e-magazine for NRI and also President and a co-founder of Sukham, an all-volunteer non-profit organization in the Bay Area wrote an article - **On The Frontlines of Alzheimer's India**. The article includes how ARDSI Calcutta's secretary Mrs Nilanjana Maulik in the wake of India's dementia crisis, is revolutionizing dementia care in India and spear heading a movement for supportive communities through awareness, training, and compassion.



Nilanjana Maulik with a dementia patient in her



ADI (Alzheimer's Disease International, parent body of ARDSI) selected Helpline Coordinator Sahil Mishra from Calcutta Chapter as one of its intern for World Alzheimer's Month Digital Advocacy.



SAHIL MISHRA



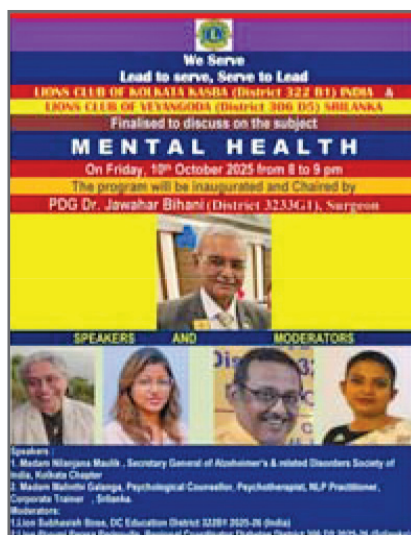
"Leaving No Stone Unturned" ARDSI Calcutta Chapter promoted Brain Health among Fashion Gurus at Sugam Park, a housing complex in Baruipur. Many thanks to Chhanda Chakrabarti for taking this initiative.



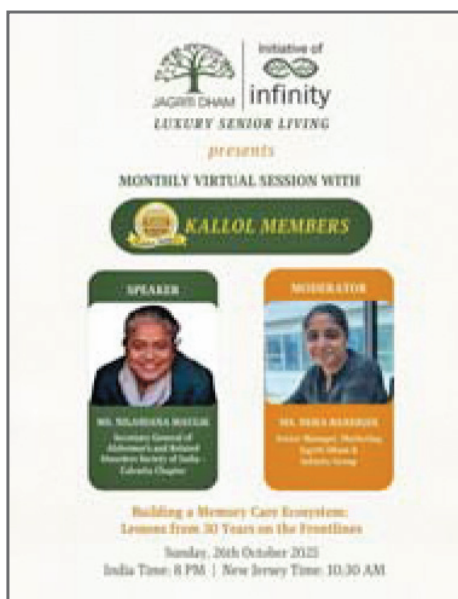
Nursing communities from various Govt & Private Colleges continued their visit to ARDSI Dementia Daycare Centre for Practical Training.



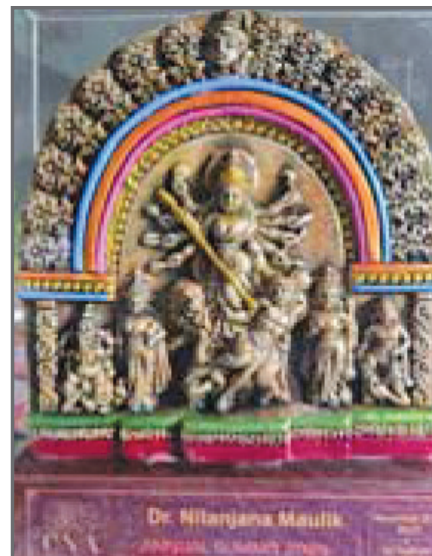
On Mental Health Day ARDSI Calcutta joined hands with Lions Club of Kasba & Srilanka to reflect on working together to create Care system for elderly persons.



Jagriti Dham in collaboration with ARDSI Calcutta presented an awareness session online for members of Kallol Club of New Jersey.



Secretary on behalf of ARDSI Calcutta presented a paper at the Cognitive Neurology Association conference.



CCN Sambad Television channel covered the awareness event held at Siliguri Girls' High School, Siliguri.



Staff retreat every year provides an important opportunity for the staff of ARDSI Calcutta to step away briefly from their daily routines, reflect, reconnect, and renew that energy. The team was at New Delhi/Agra exploring themselves and the capital.



## Inauguration of ARDSI Calcutta New Daycare Centre at New Town.



## WORLD ALZHEIMER'S MONTH

With the theme, **"ASK ABOUT DEMENTIA ASK ABOUT ALZHEIMER'S"** ARDSI Calcutta observed WORLD ALZHEIMER'S MONTH in September with many events targeting organisations, colleges, universities, old age homes, restaurants, cafes, print & electronic media within & outside Kolkata. A total of 1000+ people were targeted to understand dementia.





## Care Circle Connect: Q&A for Caregivers

Looking Beyond Dementia  
Online support group meeting for family caregivers

**Date: Saturday,  
27th September  
On Echo Platform  
Time: 10 AM to 11 AM**

MODERATOR-PRESENTER  
**Nilanjana Maulik**  
Secretary General of ADSD Calcutta,  
Alzheimer's Disease Society (UK) | MSc Neurology &  
Social Anthropology (India) | MSc Nursing  
Imperial College (UK)

**SCAN OR CONTACT  
TO REGISTER**  
**8585990990**



## Print Media coverage:

UTTARBANGA SAMBAD

ANANDA BAZAR PATRIKA



## Daycare

Daycare was attended on an average by **22** clients per month. Total daycare Days delivered was **289** days.



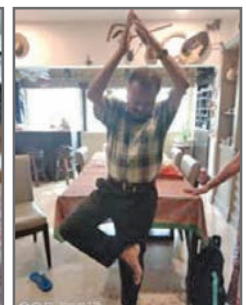
## Special Day Celebrations

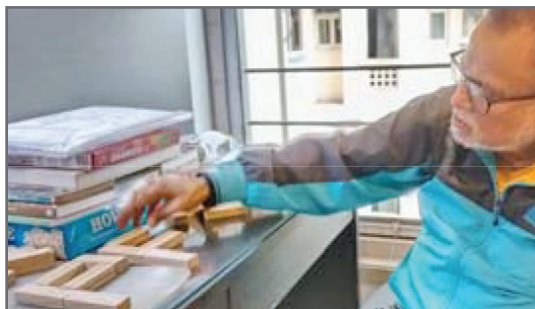
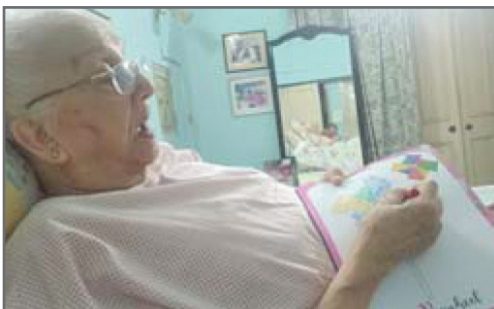
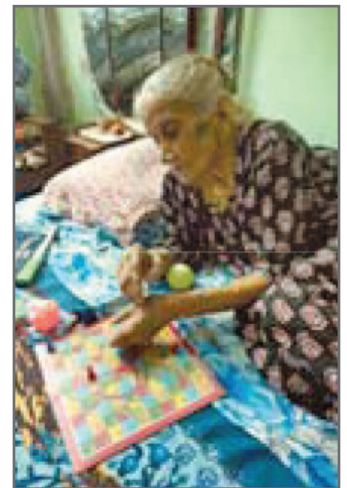
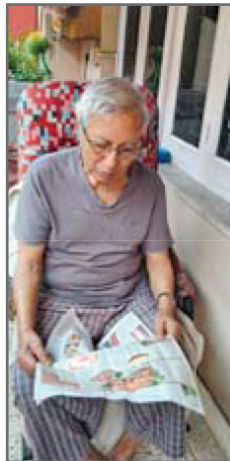
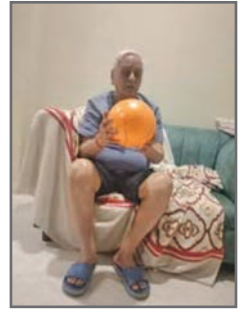
Daycare Center staff and Members celebrated special days throughout the year from Poilla Baishakh, Rabindra Jayanti, Ratha Yatra, Rakhi, Independence Day, Bijoya Dashami, Christmas, Annual Picnic, New Year, Saraswat Puja & Holi.



## Home Companionship

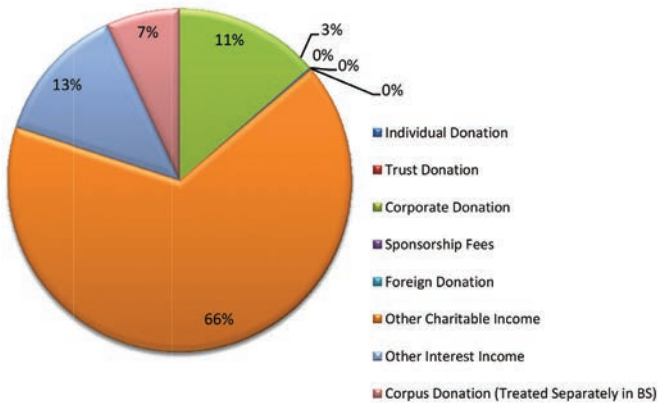
365 days of Home companionship service was delivered at the home setting to 49 clients.



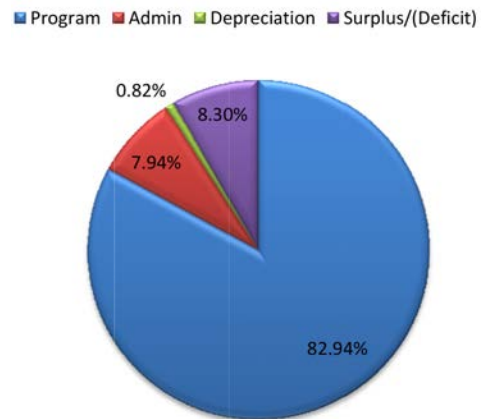


# FINANCIAL STORY

**Income 2025-26**

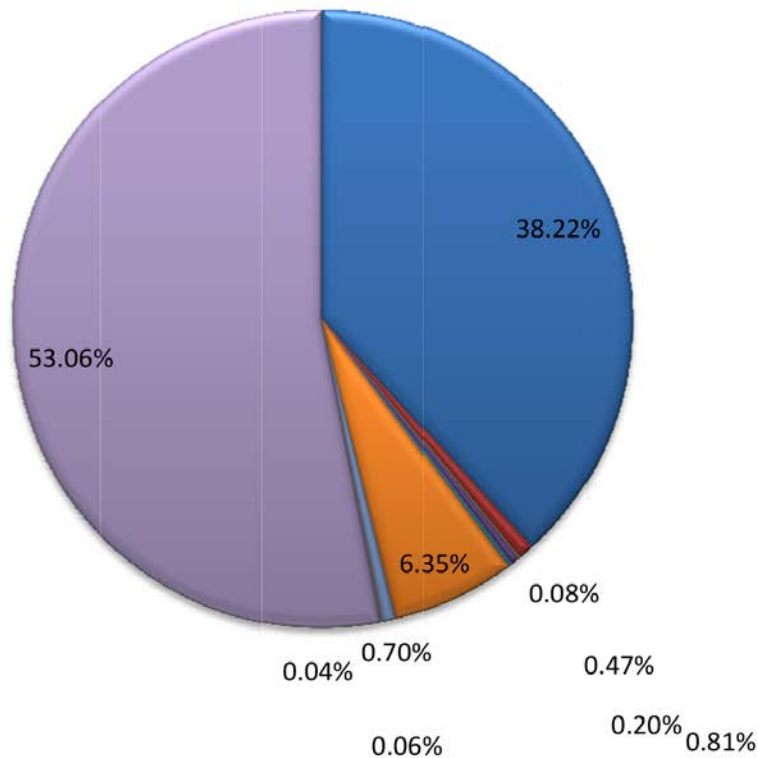


**Expenses 2025-26**



**Program Exp. 2025-26**

- Day Care Expenses (Unit 1)
- Day Care Expenses (Unit 2)
- Chandannagar Project Expenses
- Awareness Program Expenses
- Outstation Awareness Program Exp.
- World Alzheimer's Month Expenses
- Training Program Expenses



## TESTIMONIALS

Testimonials are powerful unbiased voices of real people that are powerful to prove our worth and credibility. They speak about the work we do as an organization and the impact of it on the community. Here are some of them that have come from families who use our services, and from donors who trust our work.

### Family Caregiver

ARDSI Calcutta is often where families turn when they feel lost and uncertain about caring for a loved one with dementia. That was our experience too.

For the past three years and two months, our 80-year-old mother has been cared for with compassion, dignity, and warmth. But what has meant just as much is the constant assurance that we are not facing this journey alone. Knowing that ARDSI is always there—that we can reach out with any question, doubt, or concern and be met with understanding and guidance—has been our greatest source of comfort.

In a journey where there are rarely perfect answers, that unwavering support makes all the difference. Thank you, ARDSI, for always having our back.

**Sarbari Banerjee-Rothe and Sarmila Mukherjee**

We were absolutely clueless about the process in which we could support our mother when she was clinically diagnosed with initial stages of Dementia. Our doctor also suggested that we consult Ms. Nilanjana Maulik & take our mother to ARDSI for behavioral therapy regularly.

We were pleasantly surprised by the warmth our mother received from Ms. Maulik & her team in ARDSI. Though our mother was only visiting ARDSI for day care twice a week, the activities were truly helpful & it was visible in her behavior for the last couple of years.

The team is extremely skillful & empathetic towards the patients & all the activities or the special events are well planned & executed professionally. Our mother never complained of any mismanagement or discomfort.

**Dipankar Deb**

We are availing ARDSI Calcutta's Daycare Service for my husband for the last four months and have noticed significant positive changes in him. Before encountering the services, managing him at home was taxing on all of us, especially with partial knowledge on the topic and how to properly care for someone with dementia. ARDSI genuinely helped us manage, understand as well as provide better care for him at home. Cognitive activities at his age (87 years) were hard to perform at home but with a conducive environment and guidance from ARDSI, it has been done and it has definitely shown results with a more calm nature visible in him. We are really thankful to ARDSI and for their services.

**Satyavathi**

I found out about ARDSI in early 2024. My mother was not keeping well at all—her memory was fragile, she had disturbed sleep, and signs of early Parkinson's were clearly

visible in her behaviour and body language. After joining ARDSI, I noticed a remarkable difference in her behaviour and communication skills. Her cooking skills were back, she was calmer, could sleep better at night and her memory was back. She could guide the driver to ARDSI all by herself, and I didn't have to go with her after a month. I believe it is the community she found at ARDSI that helped her regain confidence in herself.

#### **Prof K B**

My mother got diagnosed with Dementia last year. Though we knew about the disease and had heard or read about the kind of care that is needed, it was only when we had to experience it, did we understand the true nature and depth of knowledge and experience that is required.

It was during that time that we got connected with ARDSI Calcutta. Nilanjanadi and team has been such a big support ecosystem for us that it was much simpler for us to understand and plan my mother's care. Dementia care is a very specialized domain and there are very few organizations in India that specializes in it.

I have realized that there are so many Dementia patients and their families who do not have access to proper knowledge and care. It is in this very segment that ARDSI Calcutta is doing a fantastic job in spreading the knowledge to caregivers and patients. I have decided to support them financially so that they can continue to do the good work and reach out to as many patients and caregivers. I would encourage everyone to contribute to ARDSI for this noble cause.

#### **Kaushik Burman**

Two and a half years ago my mother decided to stay on her own in her Kolkata house with caregivers. We had to reluctantly give in, but found it very difficult as there was an onset of dementia diagnosed.

We decided to approach ARDSI through the recommendation of my friend Nishi Pulugurtha. At first once a week, as we found it a little difficult to manage finances.

However, when we crossed a few months and saw the effects, we decided on a twice a week support and found many more changes. My mother was calmer and less resistant to any proposed activity. She felt less insecure and anxious, and less dependent on sweets which caused her more harm than any good. She is today very well spirited, interactive, goes down for an hour of being "audience" for the little children of the building at play, at their insistence. She's their loving dida who's called loudly at 4:30pm daily to come down to play. Her playfulness has definitely increased with the home companionship. Also any visiting relatives have found her happy and neat and well presented whenever they have come. That is sheer joy.

I am confidently recommending home companionship offered by ARDSI to anyone debating on whether to use it to cope with mental / physical / intellectual deterioration of their loved one suffering from dementia.

#### **Nilakshi Roy**

In January 2025 when my wife was diagnosed with mild to moderate dementia she was already in a shell, sitting silently in a place and depressed apart from the memory loss and other issues. Though treatment and counseling started she wasn't opening up. As the only caregiver I had to search the sources for my knowledge about it and also

the support systems available in India. During this time I came across the website of ARDSI and noted their presence in Kolkata. So, I sent them an email with a copy to their Kolkata chapter and immediately I received a response through phone from the Kolkata chapter. Accordingly she was enrolled here.

Within a short time we observed a dramatic improvement in her social interactions and she started loving attending her day care and its activities. She started talking more than at the earlier stage. We all are grateful to team ARDSI for it. We have a long journey forward with them and we wish them all the best in their journey forward.

To anyone requiring support for daycare of a dementia patient and respite for the caregiver our emphatic advice will be to go for ARDSI Calcutta only.

### **Sunit Kumar Sen**

My father, a retired Professor from IIT Kharagpur, has always been an outgoing and intellectually active person. After retirement and with advancing age, we noticed increasing forgetfulness and a sense of isolation. That is when we found ARDSI Calcutta.

From our very first interaction with Nilanjana Ma'am, Srijani, and the team, we were deeply impressed by their compassion, professionalism, and genuine commitment to their work. The respect, patience, and warmth with which they treat every member are evident in every interaction. They go beyond providing care—they create a joyful, engaging environment where members feel valued, stay physically and mentally active, and build happy memories.

Knowing my father is surrounded by such dedicated people gives our family immense peace of mind. I am truly grateful for the incredible work ARDSI Calcutta does and wholeheartedly wish them continued success in enriching many more lives.

### **Pranamita Basu**

## **Life Members**

Greetings!

I attended several ARDSI Calcutta programs & activities before becoming a Life Member. I am very much concerned about the rising incidents of dementia and Alzheimer's disease in India.

As a nursing educator, I have chosen ARDSI Calcutta as a platform to help people with dementia of various types and bring awareness among their family members so that these problems are identified early. I would like to support and guide them to avail themselves of the existing facilities .

### **Suravi Chakraborty**

## **Donors**

Cozeva India supports ARDSI Calcutta because we believe businesses have a responsibility to strengthen the communities in which they operate. Dementia is one of the fastest-growing health challenges, yet families often face it with limited awareness, resources, and support. We believe people living with dementia deserve dignity, compassion, and access to quality care, while caregivers deserve education and encouragement throughout their journey. We hope our contribution helps expand services, raise awareness, train caregivers, and improve the quality of life for individuals

and families affected by dementia. We encourage other organizations and individuals to support this important cause. Every contribution—whether through funding, volunteering, or advocacy—helps build a more informed, compassionate community and brings hope to families navigating the challenges of dementia.

**Amitava Maulik | GM India**



Although I have come to know about ARDSI Calcutta only recently, I have been deeply impressed by the work being carried out for people living with dementia and Alzheimer's disease. Through interactions, participation in seminars, and following their activities, I have gained a better understanding of the challenges faced by individuals with dementia and their families.

Today, dementia is emerging as a major public health concern, affecting not only those diagnosed with the condition but also their caregivers, families, and communities. As life expectancy increases, the need for awareness, support services, caregiver education, and compassionate care is becoming more important than ever. Organizations working in this field play a vital role in helping people understand dementia, reducing stigma, and ensuring that those affected can continue to live with dignity and meaning.

What stands out to me about ARDSI Calcutta is its holistic approach. Alongside providing care and support for people living with dementia, it also creates opportunities for meaningful engagement, social interaction, and community participation. Such initiatives help foster a positive and encouraging environment that benefits both individuals living with dementia and those who care for them.

Supporting causes like dementia care is the need of the hour. Greater public awareness, stronger community involvement, and collective support are essential if we are to address the growing impact of dementia in our society. I am happy to contribute in my own way and hope that organizations working in this field continue to grow and reach many more families in need.

**Pushpita Das**

In memory of my late husband Amarjit Singh Sethi, a people's person, a man who never gave up and lived on the principle of "Sarbat Da Bhala" to honour a life well lived.

Supporting the cause is a very small way of expressing my gratitude and an affirmation that dementia care matters deeply. May this support the mission in the journey ahead on awareness campaigns and knowledge sharing drives towards support and care for our loved ones living with dementia, and for the families who walk this journey alongside them.



December 2020 I was introduced to ARDSI by my doctors. They assessed that beyond medical support I needed help on the complexities of the disease and home care challenges. I came as a novice and with the knowledge they shared, it altered the course of my life as I matured over the years on the path of care and compassion. I remained determined and maintained a positive mindset till the end and continue to do so as I engage myself in the work of the society.

**Jyoti Sethi**

From my personal experience, I know how dementia affects not only the person living with the condition but also the family members and caregivers who accompany them through the difficult journey. But awareness and support remain limited. ARDSI Calcutta's commitment to the cause and support in helping people with Dementia receive care with dignity and compassion is what I have witnessed and wished to support. I hope this mutually rewarding contribution, in its own ways, helps improve lives and in the process, all of us.

**Rituparna Ghosh**

## **Staff**

Working with ARDSI Calcutta Day Care as a Special Activity Person has been one of the most meaningful experiences of my life. Every day has taught me that dementia care is not only about providing support but also about preserving dignity, respect, and joy in the lives of the clients.

During the course of my journey, I had the opportunity to attend various workshops and seminars on dementia care. These learning experiences enhanced my understanding of dementia and helped me interact more effectively and compassionately with the clients at the day care centre.

As part of my work, I have had the opportunity to interact closely with the day care clients through a variety of engaging activities. I conducted baking sessions where we prepared various types of cakes, cookies, croissants, and pizza together. Everyone was joyful and eager to taste the final products. We also enjoyed creative activities such as colourful vegetable printing, which we later used to make paper bags, stencil printing, and playing with colours to create beautiful designs. These simple yet meaningful activities encouraged participation and brought smiles to the clients' faces. I have seen how familiar tastes, creative expression, simple conversations, music, and art can create moments of joy and connection. These experiences have helped me understand the importance of patience, empathy, and individualized care.

Being associated with ARDSI has also encouraged me to think creatively about improving the quality of life of people living with dementia. I explored ideas for meaningful activities that can make their daily lives more comfortable and engaging.

The support and guidance of the ARDSI team have inspired me to learn continuously and contribute in the best way I can. Working with colleagues who are deeply committed to dementia care has strengthened my own commitment to serving the clients with compassion and sincerity.

My journey with ARDSI Calcutta Chapter has been both professionally enriching and personally transformative. It has taught me that even small gestures of kindness, understanding, and meaningful engagement can have a lasting impact. I am grateful to be a part of this organization and look forward to continuing to learn and grow.

**Kaushik Basu**

One of the biggest challenges encountered by the caregivers and family members of people living from dementia is communication. At the same time, it is extremely frustrating for the person living with dementia to express all their emotions and thoughts and creativity to others. Storytelling is an effective way to foster healthy communication which enables caregivers to understand the emotions and feelings of the person living with dementia.

I have been working as a Storyteller at ARDSI Calcutta Chapter Dementia Daycare Center and have been using storytelling as a means of connection and creativity with the people living with dementia. It is an effective tool to recreate the emotions, memories and joy which they have experienced in their life but simply seeks a medium to express it through.

Through tales from different cultures and worlds they connect with the emotions of the characters which lead them to share their take and their memories related to the event or object in the story. They laugh with the characters, suggest alternative paths to be taken by the protagonist and express emotions empathising with the protagonist.

Creative storytelling relieves the person living with dementia from the anxiety and frustration. Their loved ones may use stories to connect with them instead of simply stating facts, as creativity bridges gaps which facts alone cannot.

Story telling may not be a definite cure for dementia but it definitely is an effective tool which brings about mutual connection between the person living with dementia, their loved ones and the caregivers. It is a tool which creates empathy and gives a more positive outlook to life for those living with dementia. Where factual information falls short, stories and creativity acts as a bridge to understand the person in a new light and make them connect new dots which makes their life experience a little bit more colourful.

**Devdeep Majumdar**

## **Volunteers**

ARDSI thoughtfully addresses a difficult reality of our society. Dementia is one of today's harsh truths, and none of us knows when it may touch our lives or those we love.

ARDSI stands as a testament to Nilanjana Madam's vision and dedication. Its atmosphere is warm, compassionate, and deeply caring. The caregivers work together with patience and dignity, ensuring every client feels safe, valued, and respected.

In just a few months, ARDSI has become more than a dementia day care centre to me—it has become an emotion, a place of humanity, empathy, and hope.

**Lipika Chaudhuri**

My life-long passionate mission of spreading love-light-hope and joy through cultural activities, especially music [like the fictional character Goopy Gayen], found a dream destination on the morning of 20th June 2026, when we gathered to celebrate World Music Day with the ARDSI (CC) Family members at their daycare centre in Kolkata. The melodious musical moments when we met, mixed and mingled like long-lost close friends, and immersed ourselves in the strains and rhythms of our favourite songs, will be etched in my memory forever. We all remembered, rejoiced, relived and recounted every word of the lyrics & every note of the tune & rhythm of the immortal melodies with ease without troubling or taxing our mind. The divine heavenly spiritual musical interaction of evergreen souls refreshed; recharged our monotonous polluted city life routine with a whiff of fresh fragrant positive purifying energy and vibes.

I wish and pray for a better and brighter future for the ARDSI (CC) Family, and eagerly look forward to meet the members once again in the near future, to enrich and enlighten myself further with merrier musical memories, as I deeply believe that "Life is nothing but a collection of well-spent moments!!".

**Rajeeb Chattopadhyay**

## *Secretary's Desk*



As I present this year's report, I would like to begin by expressing my sincere gratitude to our members, volunteers, caregivers, professionals, donors, and well-wishers whose support continues to strengthen the work of ARDSI Calcutta.

The past year has been one of meaningful progress. Through awareness programs, caregiver support initiatives, training activities, daycare services, and community outreach, we have continued our efforts to improve the lives of persons living with dementia and their families. While much has been achieved, the growing prevalence of dementia reminds us that our work is far from complete.

As we look ahead, I believe one of our greatest opportunities lies in increasing member engagement. ARDSI Calcutta has always drawn its strength from the collective commitment of its members. I encourage every member to actively participate in committees, awareness initiatives, fundraising efforts, advocacy activities, and service development. The challenges posed by dementia are too large to be addressed by a few individuals alone; they require the involvement, ideas, and energy of the entire membership.

Equally important is strengthening our connection with the wider community. Dementia awareness, prevention, care, and support must become a shared societal responsibility. We must continue to build partnerships with educational institutions, community organizations, healthcare providers, and local leaders to extend our reach and impact. Collaboration with government agencies will also remain a key priority. Meaningful progress in dementia care requires supportive policies, greater investment in services, workforce development, and recognition of dementia as a public health priority. We look forward to working closely with government departments and stakeholders to advance these goals.

As we move into the coming year, let us remain united in our purpose, compassionate in our actions, and ambitious in our vision. Together, we can build a more dementia-friendly society where every person living with dementia and every caregiver receives the support, dignity, and care they deserve.

And, as I reflect on our collective journey, I am filled with hope. The dedication I have witnessed over the years gives me confidence that ARDSI Calcutta will continue to grow, evolve, and serve with compassion and excellence.

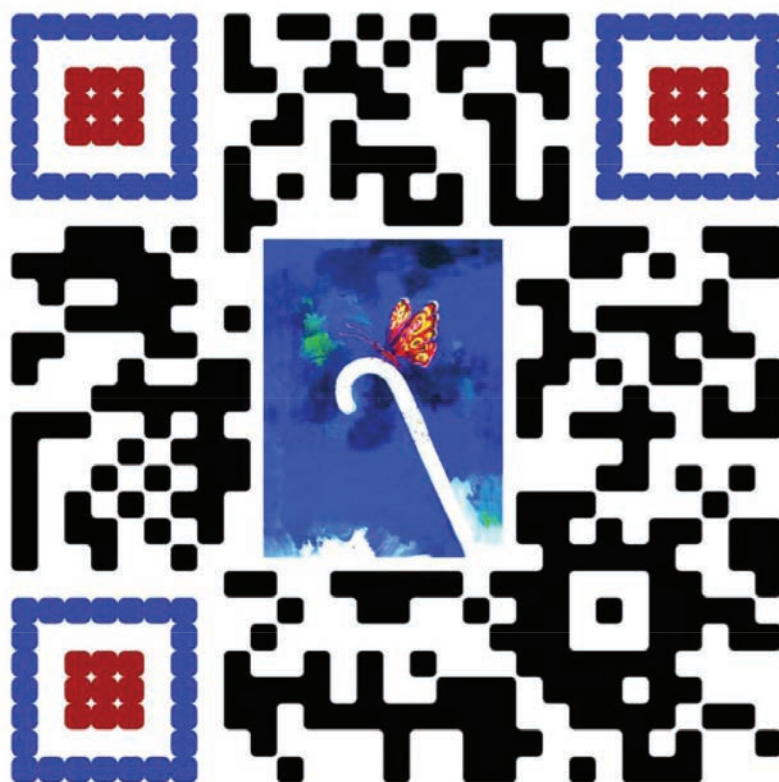
I extend my heartfelt thanks to everyone who has contributed to this mission and offer my very best wishes for the years ahead. May ARDSI Calcutta continue to inspire hope, foster change, and make a lasting difference in the lives of those we serve.

**Warm regards,**

**Nilanjana Maulik**

Secretary General

ARDSI Calcutta Chapter



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