



# **ALZHEIMER'S AND RELATED DISORDERS SOCIETY OF INDIA**

**CALCUTTA CHAPTER**

[www.ardsikolkata.org](http://www.ardsikolkata.org)

## **CARE & SUPPORT FOR DEMENTIA**

### **ANNUAL REPORT 2022-2023**



ARDSI Calcutta Chapter is a registered society under West Bengal Societies Registration Act from year 1999.

Our mission is to create widespread awareness and acceptance of Dementia throughout Eastern India via continued education, advocacy & services.

Our vision is to see an enhanced quality of life for those living with Dementia and their caregivers. Conceptualized by Smt. Shefali Chaudhuri, in her mid- eighties then, in September 1999 on World Alzheimer's Day, she wanted the society to reach out to hundreds of families who had a loved one with dementia at home just like her. Her daughter, Deepika was affected with Alzheimer's in her mid-fifties.

The members of ARDSI Calcutta comprise

- family care givers of persons with Dementia,
- professional care givers,
- specialized Dementia care experts,
- eminent doctors, including practicing neurologists, psychiatrists, neuro-psychologists and geriatricians,
- professionals from different fields,
- eminent personalities from various walks of the society, social workers and
- persons having compassion and passion for working for the elders and those inflicted by Dementia.

ARDSI Calcutta, thus, is endowed with a rich multi-directional expertise and experience devoted to its mission.

For the last 2 decades our society has actively catered to the Dementia impacted community throughout the state of West Bengal in the following ways –

- Memory Screening and Clinic
- Counseling
- Dementia Specific Training and Awareness Workshops
- Daycare Center in Kolkata
- Home Companionship Services
- Caregiver Support Meets
- Dementia Care Center in Siliguri

The chapter has been adjudged the “Best Chapter” in India twice.

## *President's Desk*

The world is back to being 'normal' again and ARDSI Calcutta with all its services is nearly back to being as busy as it was before 2020. The buzz is palpable and the team is happy to be around in full earnest. Dear Friends, it feels so good to write to you again.

I am very happy to tell you that we have finally got ourselves land near Joka, South 24 Parganas, to build our round-the-clock dementia care center. The place is easily accessible to commuters. The building plan for our proposed center is ready. I will now appeal to all of you to use your good offices to bring in funds so that we can take our much-needed project to fruition. We need generous contributions from individuals and institutions that share our vision.

In the year gone by, we have, as an organization, participated in a lot of outreach programs to increase the awareness of dementia. Notably, we have reached out to Siliguri and received tremendous support and enduring enthusiasm from the residents there. A film on ARDSI Kolkata, *Muhurto*, was released at the Kolkata International Film Festival. Many of you may have seen the film at our ARDSI conference last year. We will continue with our activities even more rigorously this year.

We are once again organizing this year's conference on dementia during World Alzheimer's month. The one-day interactive conference will be held on 24 September 2023 at the Taj Vivanta hotel in Kolkata. A very exciting program has been planned for you including individual workshops on art therapy, movement therapy and meditation, and much more. We are already seeing a surge of interest and seats are filling up fast. So please block the date in your diaries and be quick off the block to register for the conference. As always, I will be there to personally welcome you.

I wish you and your family another wonderful year ahead.

Warm regards



**Amitabha Ghosh**

President, ARDSI Calcutta Chapter



## HIGHLIGHTS FROM 2022-2023

Here are some highlights from the past year:

During the financial year of 2022 - 2023 we continued our services like Awareness campaigns, Training, Carer Support Meets, Office /Home counseling, utilizing the virtual platform as well as public platforms. Through these platforms we reached a large number of people in and outside West Bengal, and also outside our country.

### Awareness Programs

25 awareness programs were conducted both through online platforms like Google Meet, Zoom & Facebook & In-person reaching people from clubs, schools, colleges, government offices, consulates, hospitals, and social organizations.



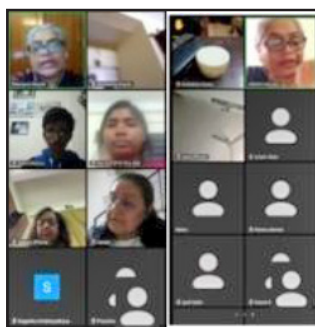






## Caregiver Support Meets

12 family caregiver support meets were conducted to share the caregiving journey.

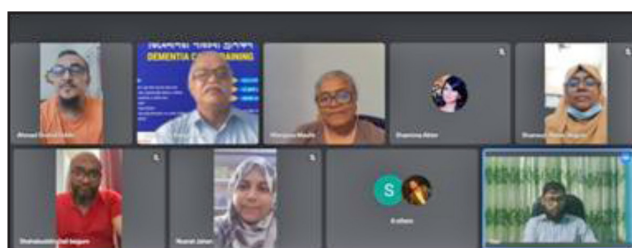


## Counselling Sessions- Via Office / Home Visits /Online

- 57 home visits & 24 office visits were conducted
- 5 Home training for family & professional caregivers
- 2 Online Assessments were conducted

## Training

9 training programs are conducted that targeted family caregivers, professional caregivers, paid help at home, members from various organization in Kolkata, Siliguri, Bangladesh.





## Workshops

- Oran Aviv's workshop on "Hands On Dementia", using reflexology to help persons with dementia was held at ARDSI Calcutta dementia daycare centre that was attended by 24 participants.
- Problem Solving workshop was conducted by Somnath Gupta for staff and volunteers of ARDSI Calcutta.
- A workshop to conduct brain health for diagnosing dementia was organized for staff of ARDSI Calcutta.



## Memory Clinic

15 memory clinics were conducted that treated 99 patients in our Chandannagore campus.

1 Memory Clinic conducted at our Kolkata Centre

## Special Event

On 15<sup>th</sup> of May 2022 ARDSI Calcutta Chapter to extend care & support to people in North Bengal opened Dementia Care Centre in Siliguri.





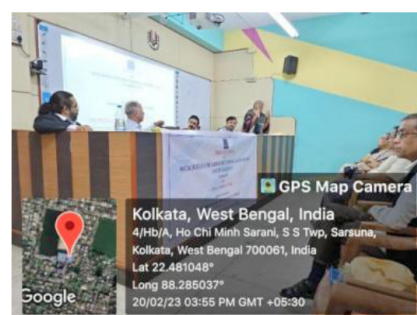
Mr. Pradip Chowdhury on behalf of ARDSI Calcutta North Bengal Chapter in Siliguri  
Receives Memento from St. Johns Ambulance Association.



Screening of our Documentary MUHURTO in Sisir Manch and Nandan at Kolkata Film Festival on 20<sup>th</sup> & 22<sup>nd</sup> December 2022



On World Social Justice Day 20.2.23 at Sarsuna College  
Talk on Dementia by Nilanjana Maulik, Attended by other dignitaries Sri Sandhi Bhattacharya IPS, Rwitobroto Mukherjee, Journalist, Achin Jana, Advocate & Biplab Ghosh, Actor.



DANCE MOVEMENT THERAPY started by KOLKATA SANVED





Daycare was attended by **18** clients

Total daycare Days attended by them **294** days







### Special Day Celebrations at Daycare

Daycare Center celebrates special days throughout the year from Holi, Bengali New year, Independence Day, Bijoya Dashami, Christmas together with clients, staff & volunteers.

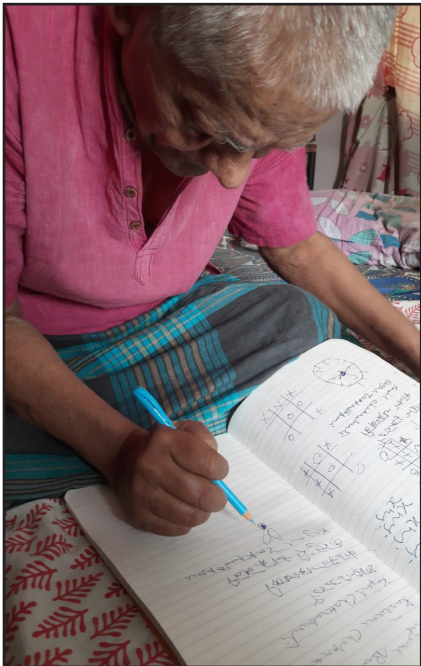
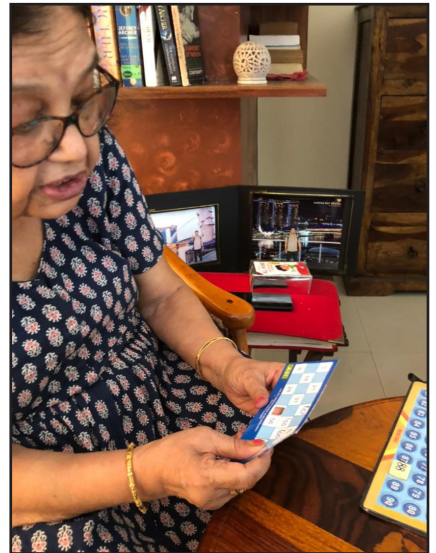
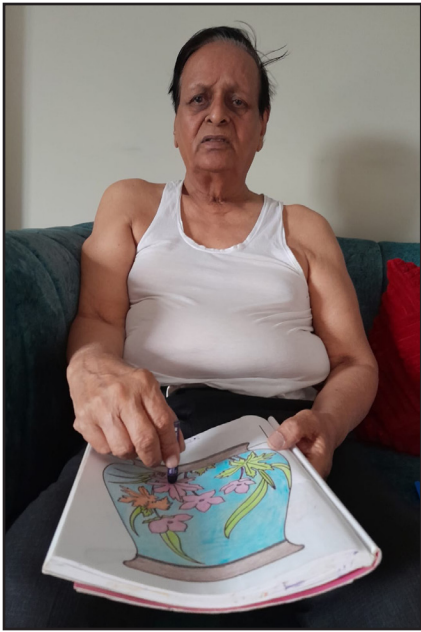


### Home Companionship Service

**365** days Home companionship service sessions were delivered at the home setting to **40** clients.

Ardsi Calcutta was approached by a Home Care Agency named "Dependablez X" to support them extend care to their clients living with dementia. 3 clients from their agency is receiving the Home Companionship service from us.



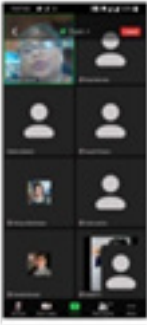









## World Alzheimer's Month September, 2022

ARDSI Calcutta scheduled programs both online & offline throughout this month.

Date	Time	Audience	Venue/ Platform	Photo
Week 1 Week2 Week3 Week4		All viewers of Facebook & Twitter	Conducted by Volunteers of ARDSI Calcutta for general public	
1.9.22 Thursday	6.30pm	NRS Nursing	Online	
2.9.22 (Friday)	11am	R.G.Kar Nursing	Online	
	5.30 pm	Kolkata Ekatma	Surya Sen Mancha	
3.9.22 Saturday	2.30 pm	Rotary Metropolitan	Kolkata	 



Date	Time	Audience	Venue/ Platform	Photo
4.9.22	10-12am	RPOFWA	Madhyamgram	
	3 pm	IPS	ICCR	
5.9.22		BNNCCI	Kolkata	
7.9.22		CCN	Siliguri	
8.9.22	3 pm	AIR	Siliguri	
9.9.22	4 pm	IWC	Siliguri	


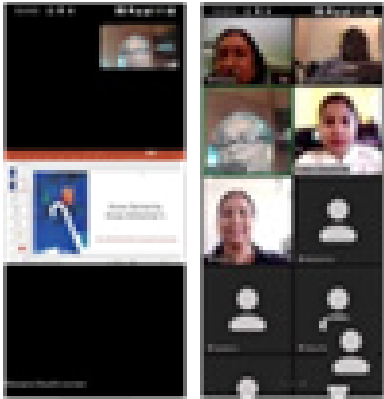
Date	Time	Audience	Venue/ Platform	Photo
10.9.22	2 pm	AIWC	Siliguri	
	7pm	Live on Facebook		
11.9.22	11 am	Jalpaiguri Seba Sadan	Jalpaiguri	
12.9.22	7.30pm	Rotary Mumbai Kalakar	Online	
13.9.22	6pm	Prafulla Chandra College	Kolkata	
14.9.22	6.30pm	Tollygunj Club	Kolkata	



Date	Time	Audience	Venue/ Platform	Photo
15.9.22	7.30	Rotaract Club Of Calcutta	Zoom	
16.9.22	12pm	WBSU	Kolkata	
17.9.22		Awareness in Cafes of Kolkata		
18.9.22	9 am	ARDSI Calcutta Seminar	Taj Vivanta	
19.9.22	3 pm	Woodlands Nursing	Online	
20.9.22		Peerless Nursing		
21.9.22	10 - 6pm	Trip & Panel discussion at Indian Museum, Street Play at Rabindra Sadan, Clock Tower, Lake Town Lighted up		

Date	Time	Audience	Venue/ Platform	Photo
22.9.22	4.30	Snehodiya & Alap	New Town	
23.9.22	12.30	BKC	Dunlop	
24.9.22	4.30pm	Chandannagar ARDSI	Chandannagar	
25.9.22	10am	Sports Club of Bankura	Bankura	
26.9.22	11am	Urmila Oldage Home	Shantiniketan	
27.9.22	11am	SNU	Rajarhat	
	4pm	ARDSI DCS	Online	



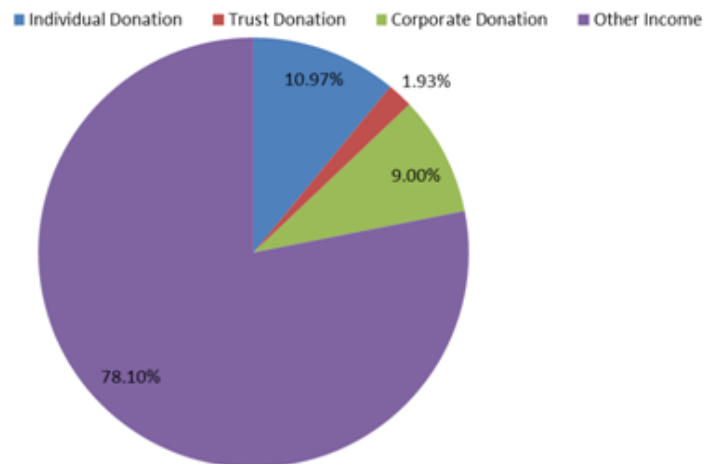
Date	Time	Audience	Venue/ Platform	Photo
29.9.22	11 -4pm	Home Companionship Training program	Daycare	
30.9.22	10.30am	IICP Faculty & Family members	Online	

## Media Coverage WAM 2022

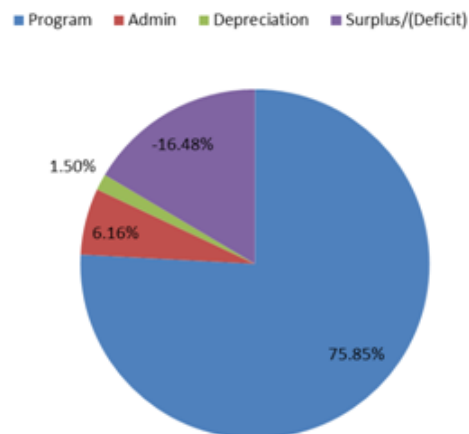


# FINANCIAL PICTURE

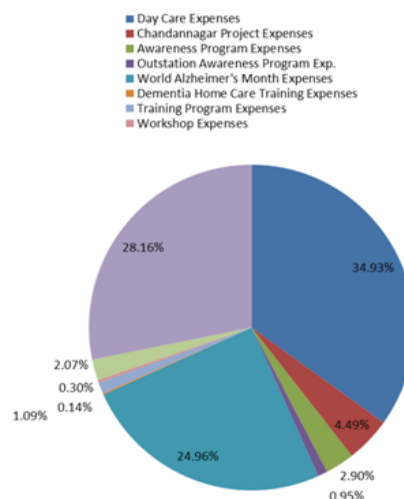
## Income 2022-23



## Expenses 2022-23



## Program Exp. 2022-23





## TESTIMONIALS

**Testimonials are powerful unbiased voices of real people that are powerful to prove our worth and credibility. They speak about the work we do as an organization and the impact of it on the community. Here are some of them that have come from families who use our services, and from donors who trust our work**

### Family Members

When a member of a family is diagnosed as an Alzheimer's patient, the mental state of the other family members can be likened to that of a group of men being struck by lightning in a stormy night. This is what happened to us and we were in a state of chaos, dominated by anxiety, when a young member of the family was diagnosed with Alzheimer's. This prevailed for quite some time as we had no clear idea about the cause and consequences of this disease. Consequently, an ominous apprehension overtook us.

Luckily for us, we were referred to a very competent and renowned Neuro physician, Dr. S.S Nandi, who explained to us that till date no medicine is available to cure Alzheimer's disease. It can't even be stalled. With medication, its progress can be slowed down. At the same time he explained that alongside medication, counseling by trained and specialist staff, is essential for the wellbeing of an Alzheimer's patient. He advised us to be in touch with Ms. Nilanjana Maulik of ARDSI, Kolkata, in this regard.

Once this was done, the scenario at our end, started to ease out gradually. Ms. Nilanjana and her team started to provide us with the necessary guidance to cope with the challenge.

Various online and offline programmes organized by ARDSI Calcutta provide holistic support to the families with an Alzheimer's patient to deal with the crisis on a regular basis. The best part of ARDSI support is in providing a comprehensive and regular companionship service, organizing Awareness Workshops and running week long Training programmes for family caregivers as to what is to be done, how to do it as well as what is not to be done to the patients.

The functionaries of ARDSI Calcutta including Ms. Nilanjana Maulik are available for consultation on phone, whenever required for any clarification on information provided by them on any forum or any specific problem faced by any family in taking care of a patient; and this is done with a lot of understanding and empathy.

We, therefore, feel protected and confident under the umbrella of ARDSI Calcutta. Sure, we can't wish away all the unfortunate impact of Alzheimer's disease, but we do feel secure since we are not alone in our struggle; there is a group of willing and trained

specialists around, who are compassionate and always ready to help at every stage and in difficult circumstances. That's why we consider ARDSI Calcutta, a beacon of hope!

### ***Amitabha Gupta***

ARDSI Calcutta provides home companionship for my mother who is in intermediate stages of Alzheimer's. Due to the pandemic, my mother did not get the diagnosis on time and when we did receive it we did not get much professional guidance on day to day care. ARDSI came to us as a blessing. Ms Nilanjana and her team are professional, considerate and highly devoted to their cause. She and her team have gone out of the way to get my mother on the companionship program, counsel my father who is the primary caregiver and provide me regular updates even though I am based in the US. I feel fortunate to have found out about them and be working with them.

### ***Sayantana Bose***

I'm very happy with ARDSI Calcutta's Daycare caregiving service. Ma is doing much better now. She eagerly waits to come into the institute. Her restlessness & irritation has improved.

### ***Soma Roy***

I am extremely happy and thankful to the Team for giving support, Hope and a big smile to my mother who is suffering from Dementia which isolated her from social and family connections. When modern advances in medical science give no HOPE, ARDSI Calcutta gives HOPE for a joyful Life. I wish Nilanjana di and her team all the very best for their mission.

### ***Debrupa Basu***

Last year my Mother was diagnosed with dementia. We searched the net and came to know about ARDSI. After I contacted the organization Srijani came for evaluation. She was nice, gave some tips which were very important to me as one close to a person with dementia.

As a caregiver Supriya is really good. Maa liked her from the very first day, Maa enjoys the sessions with her. I think it is important to stimulate the brain which Supriya's exercises achieve. I have good communication with her. Whenever I have any concern she addresses it.

It is helpful to get the monthly feedback.

It is reassuring for me that I can get helpful advice from professionals if needed.

### ***Sujata Sengupta's Daughter***



In 2022, when my husband was diagnosed with dementia, I was devastated. The doctor suggested to send him to ARDSI, Calcutta Chapter. As he started going there, I noticed he was enjoying spending his time in ARDSI, which he considered to be a 'club'. The caregivers there are gentle and patient & try to take care of the needs of each individual diligently. Various activities like music, dance, art, craft, solving puzzles & games are arranged everyday. They make it a point to celebrate all festivals & red-lettered days. It is a pleasure to watch the loved ones perform enthusiastically. Occasionally outings are also arranged by the authorities. Apart from this, ARDSI caters to the well-being of family caregivers. I appreciate the on-line sessions, once every month, which are of immense help to the family caregivers. Last, but not the least, is the awareness programmes organised by ARDSI. Most people do not know much about dementia. Hence this endeavour would surely encourage all to be kind & respectful to people suffering from dementia. I am grateful to all the caregivers of ARDSI, especially Madam Nilanjana Mouli (Secretary) who is always ready to solve our problems.

Mrs Sipra Das  
(Wife of Mr. Raja Dandapat)

## Donors

We have lived & worked in London UK for over 45 years. My husband Dr Raja Dandapat who was an orthopaedic surgeon then retrained as a medical general practitioner was diagnosed with dementia (early Alzheimer's disease) right after he retired in early 2020 during lockdown. He was a larger than life personality with numerous talents both musically and as a comedian. He performed as Elvis for a number of charitable organisations and raised hundreds of thousands of pounds in support of these.

Following this devastating diagnosis our family collectively took the decision to spend longer in Kolkata, our hometown so that he could be near his family and friends in India that were familiar to him hoping this would help his condition. In Kolkata, he was referred to Dr Amitabha Ghosh, a highly respected neuro physician who then directed us to join the Alzheimer's Society in Kolkata in Survey park. Since attending Raja loved the atmosphere where he was welcomed with warmth and care. The support, understanding and care I too have received has been exemplary. We cannot wait to return to the homely feeling we get attending the club.

In the UK Alzheimer's care is lacking the depth of feeling for sufferers & their Carer's which is paramount in Kolkata, this is why we feel strongly about supporting the Alzheimer's society in Kolkata and truly feel they need ongoing and continued support to keep going & developing their care provision.

I am ever so thankful to be contributing to the cause.

***Dipika Dandapat***

Dear ARDSI Calcutta Chapter,

We hope this note finds you in good health and spirits. We wanted to take a moment to express our heartfelt appreciation for the incredible dedication and care you provide to all patients during their journey with dementia. Caring for someone with dementia can be an emotional and challenging experience, and your commitment to making their life better is truly commendable. Your kindness, patience, and understanding not only improve the quality of their life but also serve as a shining example of compassion for all of us.

Thank you once again for your unwavering dedication to supporting patients with dementia. Your selflessness and compassion are inspiring, and you are making a profound impact on society.

We are proud to be a part of your journey.

Regards,

***Gopa Goswami***

Director, Corporate Relations

University of Engineering and Management, Kolkata



31.১.২৩

আমি কৃষ্ণা মুখার্জী, আমার স্বামী-  
 অজিত কুমার মুখার্জী, আমরা দুজন ২০১২  
 সালে ARDSI-এ আছি, এখানে Nilanjana  
 Maulick এর সাথে আলাপ হয়,  
 তিনি যেখানে এইসব Alzheimer's -  
 মানুষ খুঁজতে সাথে মেজেন এবং অদিক  
 যত্ন নেন, তা দেখে আমাদের খুব ভালো লাগে,  
 আমার স্বামীর মনে হয়েছিল Nilanjana  
 যেখানে এইসব মানুষ খুঁজতে পাঠান অর্থাৎ  
 এবং এই কাজকে আরো এগিয়ে নিয়ে  
 যাওয়ার চেষ্টা করছে অর্থাৎ অন্যের  
 প্রয়োজন, আর আমিও অনেক বছর এখানে  
 আছি ও ওখার কাজ দেখছি, আমার মূর্ত  
 ভালো লাগে যখন সবচেয়ে এইসব মানুষ-  
 খুঁজতে অর্থাৎ বয়স হল Nilanjana ,  
 আজ আমার স্বামী নেই, তিনি ২০১৩ সালে  
 চলে গেছেন, কিন্তু আমরা বন্ধে আছি ARDSI  
 কে ২,০০,০০০ টাকার দেওয়ার জন্য,  
 তাঁর আমি এইটাকা Nilanjana -র  
 হাতে দিলাম আরো ভালোভাবে কাজ  
 করার জন্য।

২১ —  
 Krishna Mukherjee  
 7B, Fern Place,  
 Kolkata - 700013

## Staff

My journey as a home companion with ARDSI Calcutta started in November 2022. My professional background is in Physiotherapy and so I had experience of working with elderly people. Even though theoretically I was well aware of Dementia and its related symptoms, I was not very sure of how to work with them in an actual setting. I was a caregiver for my father who had dementia and I knew the challenges that the primary caregivers had to face. Becoming a home companion was a major shift in my career but I wanted to do it in memory of my father.

The past few months have been like a roller-coaster ride. Every visit to each of my clients is a new learning experience for me. Every day I learn some techniques for handling them. It was only when I actually started doing home companionship I realised there is so much that I was unaware of and unprepared for. I have learnt to take each session as a challenge. As the days have gone by I have started feeling more confident about interacting with them and doing various activities with them. All my clients have different physical symptoms and cognitive disorders. This has provided me with an

opportunity to prepare myself as per their need. I have become more adaptable and flexible.

The vivid descriptions of their past, their deep insight of the social and political issues often make me forget that they have any dementia related issues. This made me realise that my clients who are living with dementia should not be defined only by their illness. As an individual they have a massive presence that we often forget. I have discussed topics which I have never done with my patients ever and they have welcomed me so openly into their lives that I often forget that I am actually working.

The skills that I learned during home companionship helped me understand so many of my father's mysterious behaviours. I have been studying a lot and that has become an added advantage for me as a physiotherapist as well because I am more prepared to deal with geriatric patients who have cognitive deficits.

Just like a roller-coaster though, there have been lows. There have been some moments when I have often wondered how I made this my profession or why did I shift from physiotherapy or what am I doing. There have been moments that have triggered my sorrow of losing my father but in those times of hopelessness my clients have given me the motivation to continue with renewed vigour and interest. After nearly 8 months of becoming a home companion, when I see them waiting eagerly for my arrival, I feel truly blessed.

***Srijani Banerjee***

Hello , I'm Abhik Dey . I'm working with ARDSI Calcutta chapter since 1 year today. Honestly 1 year ago I didn't know what Dementia or Alzheimer's was . However, this experience of living with and spending time with these affected people in the past 1 year has led me to another experience.

Apart from that ARDSI Calcutta chapter has also helped me shed a lot of light on this matter. Working with them , I hope to gain new experiences every day, which can improve my personal life as well.

Today, as I share my own experience about this, I can say that a new sun has risen over the horizons.

***Abhik Dey***

## **Volunteers**

I have been associated with ARDSI Calcutta for the last 8-9 months. Each day which I have spent in the daycare centre has given me a different perspective to look into the same thing and the same human. Being a volunteer there has taught me the real



meaning of empathy. Being a psychology student myself, it has helped to understand how important it is to readily integrate different perspectives to understand the same phenomenon for different individuals. It has helped to understand the dynamics of an individual living with dementia. I must give my gratitude to each and every member of the centre who is generous enough to provide me with an environment to learn and grow. Thank you!

### ***Sahil Mishra***

My words would fall short in describing how much I learnt from my experiences while volunteering under ARDSI Daycare Centre.

I saw life from a different perspective because all this time I thought making memories is trivial. But when I started volunteering here, I understood the importance of being mindful, present and making memories. From participating in numerous workshops, helping organize awareness campaigns, to volunteering as a trainee caregiver, I understood the importance of community, interdependence, compassion and empathy. It takes a village to create changes, especially in causes like Alzheimer's awareness and I feel that the organization does a great job in taking that initiative. Thank you for such a lovely journey of self growth and reflection! I made a lot of meaningful connections with both the clients and the caregivers here which are worth remembering for the rest of my life.

### ***Debosmita Mondal***

#### **Public**

ARDSI Kolkata chapter has been doing its best to raise awareness about dementia, which is a much-needed initiative now. I have heard Ms Nilanjana Maulik, Secretary of the Kolkata chapter speak about the issue with passion and conviction, and am all admiration to hear about what they have managed to do till date. They are surely making a difference in the lives of those dealing with dementia: not just the patient but also the caregivers involved. My best wishes for them, always.

### ***Anuradha Majumdar***

India's one of best organisation working for people with Dementia and their families. They are not only trained but have a soulful human approach, they understand the illness and impact of people. With strong and dynamic leadership of Ms. Nilanjana Maulik they have made a difference to Dementia and Alzheimer's not only in West Bengal but also throughout India.

### ***Sailesh Misra***

## **Life Members**

Sometimes in our lives, we meet somebody who can change our life. Similar incident happened in my life, when I met Mrs Nilanjans Maulik, who is now my guide, adviser, and my hope.

Since 2020, I was going through a very difficult phase of my life accepting the diagnosis of dementia for my dear husband. Since 1974, he has been the one who took care of me. Today I have to take care of him!!

Suddenly, after a long two and half years, one fine morning, I came to know about ARDSI Calcutta when Dr. T K Banerjee casually mentioned about this centre and forwarded the most expensive gift in my life that was Nilanjana's mobile number. Chhabinath, my husband started coming to the day care center since early 2023.

I started seeing his progress after two months. Now he is slowly responding. The endless varieties of activities at the center keeps him busy every day.

In true sense, ARDSI Calcutta is a heaven for people living with dementia. Their methodology of activities, preparing and sharing the monthly routine with families, their way of communication through video, report etc to me/us is very assuring. We know exactly what kind of activity he is engaged in everyday.

The staff, volunteers of ARDSI Calcutta have touched my heart and I am really proud to be a Life Member of ARDSI Calcutta!

### ***Chitra Mandal***

ARDSI Calcutta has been a very sensitive place in my mind and close to my heart ever since I was acquainted with the journey there and the love and care which prevails there with Nilanjana di.

She was the first person I was attracted to in one of her sessions I luckily attended. She made a huge difference with her strong communications and enigmatic smile. She was vibrant and I loved every aspect of her personality and passion!!!

I promised myself to be associated with her and attended her sessions regularly thereafter hoping to build up a long term journey with ARDSI.

Telepathy works - while I attended her sessions and interacted - I could feel the pull and bond she created with her aura and charismatic personality.

Years passed and today I call myself a proud life member of ARDSI Calcutta looking forward to work closely and make a difference .

Prayers To Almighty for all associated here and the smiles they try to bring in everyone who are impacted with Alzheimer's and Dementia and their caregivers.

### ***Sutapa Bardhan***



## *Secretary's Desk*

Warm Greetings to All!

We had yet another year of new learnings that taught us the value of life and time.

It is with mixed emotions to share that ARDSI Calcutta had been able to contribute to the society very well during the last financial year. We continued in our resolve, to raise awareness and train more people to enrich the quality of lives for those living with dementia.

In this 24th year of our journey, knowing that we have mountains to climb, ARDSI Calcutta remained committed to its mission. There are certain goals ahead:

- Raising awareness all over Bengal & reaching out to new communities
- Increasing education around Prevention & Early Detection of the condition
- Improving the quality of care training
- Investment in non-clinical research of Dementia & related disorders

Looking back at the by-gone year, we are happy that we paddled through some challenges but finished the year as a team with outstanding support and encouragement from every single person. What mattered most was that we enjoyed the ride through the turbulence of the rapids, and finished the year on a high note of gratitude and satisfaction.

The Staff/Volunteers and Board members of ARDSI Calcutta have worked closely with donors, partners, government officials, corporate supporters, friends in the media, and community to build the capability of the society. We also took strength from many caring people who have been part of this journey with us. We thank them for their trust and support without which we would not have been able to achieve this scale and depth of impact.

ARDSI Calcutta completes 25 years of service to the Dementia Community in West Bengal next year, i.e 2024. The journey has been satisfying so far.

On this note we would also like to inform you with great pleasure that our society has purchased a 10 katha land nearby Joka after years of accumulating a corpus fund with support from many. On this piece of land we propose to construct the following:

- A residential care home specifically for people living with dementia
- Research hub for studying dementia related topics
- State of Art Training Center for care skill development purpose

We wish to start the construction work soon to implement the above objectives. However, you know that without support we cannot meet it.

Therefore, on behalf of all people living with dementia and their members I earnestly request you to come forward with support and make a difference in their lives.

Caring for people with dementia is a joint effort of all those who can still reason and remember. We believe you share the same thought and will extend your wholehearted cooperation. Please let us know and we will help you with your wish.

On our behalf as we begin to prepare to celebrate our 25th Anniversary next year, we at ARDSI Calcutta pledge that we will with all earnestness strive towards creating a Dementia Friendly Society.

Cheers to Life!



**Nilanjana Maulik**



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Learn more about ARDSI Calcutta at [www.ardsikolkata.org](http://www.ardsikolkata.org)

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